

# TakeCare Fitness Partners\*



## Guam Fitness Partners

### TakeCare Wellness Center

- Free, unlimited access to fitness classes
- View calendar at [www.TakeCareAsia.com](http://www.TakeCareAsia.com)
- Contact Information: (671) 646-6956 ext 7260

### Carlson Gracie MAFA

- Call for membership rates
- Minimum Age: 5 years old
- Contact Information: (671) 788-0440

### Crossfit Hita

- Discount
- Unlimited Access: \$89 per month
- Open Gym: \$35 per month
- Minimum Age: 5 years old
- Contact Information: (671) 989-2448

### Crossfit Latte Stone

- Discount
- Unlimited Access: \$65 per month
- Minimum Age: 16 years old
- Contact Information: (671) 633-2357

### Custom Fitness

- Discount
- Unlimited Access: \$77 per month
- Minimum Age: 3 years old
- Contact Information: (671) 989-0436

### Guam Fitness Club

- Contact for membership rates
- Contact Information: <https://www.guamfitnessclub.com/>

### Guam Muay Thai

- Discount
- Unlimited Access: \$10 off youth and adult rates
- Minimum Age: 6 years old
- Contact Information: (671) 487-7718

### Guam Taekwondo Center

- Discount
- Unlimited Access: \$75 per month
- Registration Fee: \$40 per member
- Minimum Age: 6 years old
- Contact Information: (671) 788-9623

### Hilton Wellness Center

- Discount
- Unlimited Access to Wellness Center and Group Fitness Classes: \$65 per month
- Additional Hilton discounts included
- Minimum Age: 16 years old
- Contact Information: (671) 646-1835 x5886

### International Sports Center

- Discount
- Unlimited Access: \$65 per month
- Registration Fee: \$59 per member
- Minimum Age: 13 years old
- Contact Information: (671) 477-9885

### Paradise Fitness Center

- Call for membership rates
- Membership Includes:
  - Dual Club Access: Hagatna & Dededo Locations
- Minimum Age: 13 years old
- Contact Information: (671) 475-2100

### Rockit Ride

- Contact for membership rates
- Contact Information: (671) 482-1661 (WhatsApp)

### Self Made Fitness

- Contact for membership rates
- Contact Information: (671) 727-8879

### SKIP Entertainment Company

- Discount
- \$5.00 off all membership rates
- Minimum Age: 3 - 17 years old
- Contact Information: (671) 472-4241

### Synergy Studios

- Discount
- 10% off infrared sauna
- Minimum Age: 7 years old
- Contact Information: (671) 472-9642

### The Bridge Fitness Guam

- Call for membership rates
- Minimum Age: years old
- Contact Information: (671) 969-3786

### The Pound Academy

- Discount
- Unlimited Access: \$80 per month
- Registration Fee: \$50 per member
- Minimum Age: BJJ: 6 years old; Other Services: 13 years old
- Contact Information: (671) 687-4229

### Tribe Guam

- Discount
- 10% off membership rates
- Minimum Age: 4 years old
- Contact Information: (671) 788-5719

### Unified

- Discount
- Unlimited Access: \$105 per month
- Minimum Age: 15 years old
- Contact Information: (671) 969-8641

### University of Guam: Triton Fitness Center

- Discount
- Unlimited Access: \$50.00/semester or \$100.00/year
- Minimum Age: 16 years old
- Contact Information: (671) 735-2861

### Urban Fitness

- Discount
- Unlimited Access: \$45
- Minimum Age: 10 years old
- Contact Information: (671) 969-7308

## Saipan Fitness Partners

### Golds Gym

- Call for membership rates
- Minimum Age: 16 years old
- Contact Information: (670) 233-4000

### Latte Built Fitness

- Call for membership rates
- Minimum Age: 15 years old
- Contact Information: (670) 235-2265

**Important:** Please call TakeCare Customer Service at 647-3526 for more information or if your preferred fitness partner is not listed. **Note:** Age restrictions may apply. \*Additional fees apply for upgraded services, registration, uniform, etc. Members should contact the facility for more information. Fees and partner listing are subject to changes. \*\*Fitness Partner located on Saipan.



A TanHoldings Company

[takecareasia.com](http://takecareasia.com)

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Our Island, Your Health Plan™