

# TakeCare Fitness Partners\*



## Guam Fitness Partners

- 1. TakeCare Wellness Center**
  - a. Free, unlimited access to fitness classes
  - b. View calendar at [www.TakeCareAsia.com](http://www.TakeCareAsia.com)
  - c. Contact Information: (671) 646-6956 ext 7260
- 2. Carlson Gracie MAFA**
  - a. Call for membership rates
  - b. Minimum Age: 5 years old
  - c. Contact Information: (671) 788-0440
- 3. CrossFit Latte Stone**
  - a. Discount
    - i. Unlimited Access: \$65 per month
  - b. Minimum Age: 16 years old
  - c. Contact Information: (671) 633-2357
- 4. Custom Fitness**
  - a. Discount
    - i. Unlimited Access: \$77 per month
  - b. Minimum Age: 3 years old
  - c. Contact Information: (671) 989-0436
- 5. Guam Muay Thai**
  - a. Discount
    - i. Unlimited Access: \$10 off youth and adult rates
  - b. Minimum Age: 6 years old
  - c. Contact Information: (671) 487-7718
- 6. Guam Taekwondo Center**
  - a. Discount
    - i. Unlimited Access: \$75 per month
    - ii. Registration Fee: \$40 per member
  - b. Minimum Age: 6 years old
  - c. Contact Information: (671) 788-9623
- 7. Hilton Wellness Center**
  - a. Discount
    - i. Unlimited Access to Wellness Center and Group Fitness Classes: \$80 per month
  - b. Additional Hilton discounts included
  - c. Minimum Age: 16 years old
  - d. Contact Information: (671) 646-1835 x5886
- 8. International Sports Center**
  - a. Discount
    - i. Unlimited Access: \$65 per month
    - ii. Registration Fee: \$59 per member
  - b. Minimum Age: 13 years old
  - c. Contact Information: (671) 477-9885
- 9. Livestrong Fitness & Nutrition\***
  - a. Discount
    - i. Unlimited Access: \$70 per month
  - b. Contact Information: (671) 989-5483

- 10. Made Wild**
  - a. Discount
    - i. 5% off all class pack and memberships
  - b. Contact Information: [team@madewildguam.com](mailto:team@madewildguam.com)
- 11. Paradise Fitness Center**
  - a. Contact for membership rates
  - b. Membership Includes:
    - i. Dual Club Access: Hagatna & Dededo Locations
  - c. Minimum Age: 13 years old
  - d. Contact Information: (671) 475-2100
- 12. Revive 23 Recovery & Wellness Studio\***
  - a. Contact for rates
  - b. Contact Information: (671) 969-7823
- 13. RM Sports Boxing and Kick Boxing Academy**
  - a. Contact for membership rates
  - b. Membership Includes:
    - i. Unlimited access to registered program
  - c. Instagram: rmsportsguam
- 14. Rockit Ride**
  - a. Contact for membership rates
  - b. Contact Information: (671) 482-2243
- 15. Self Made Fitness**
  - a. Contact for membership rates
  - b. Contact Information: (671) 727-8879
- 16. SKIP Entertainment Company**
  - a. Contact for membership rates
  - b. Minimum Age: 3 - 17 years old
  - c. Contact Information: (671) 472-4241
- 17. Synergy Studios**
  - a. Discount
    - i. 10% off infrared sauna
  - b. Minimum Age: 7 years old
  - c. Contact Information: (671) 472-9642
- 18. The Bridge Fitness Guam**
  - a. Call for membership rates
  - b. Minimum Age: 6-12 years old
  - c. Contact Information: (671) 969-3786
- 19. The Pound Academy**
  - a. Discount
    - i. Unlimited Access: \$80 per month
    - ii. Registration Fee: \$50 per member
  - b. Minimum Age: BJJ: 6 years old;  
Other Services: 13 years old
  - c. Contact Information: (671) 687-4229
- 20. Tribe Guam**
  - a. Discount
    - i. 10% off membership rates
  - b. Minimum Age: 4 years old
  - c. Contact Information: (671) 788-5719

- 21. Unified**
  - a. Discount
    - i. Unlimited Access: \$105 per month
  - b. Minimum Age: 15 years old
  - c. Contact Information: (671) 969-8641
- 22. University of Guam: Triton Fitness Center**
  - a. Discount
    - i. Unlimited Access: \$50.00/semester or \$100.00/year
  - b. Minimum Age: 16 years old
  - c. Contact Information: (671) 735-2861
- 23. Urban Fitness**
  - a. Discount
    - i. Unlimited Access: \$45
  - b. Minimum Age: 10 years old
  - c. Contact Information: (671) 969-7308

## Saipan Fitness Partners

- 1. Golds Gym**
  - a. Call for membership rates
  - b. Minimum Age: 16 years old
  - c. Contact Information: (670) 233-4000
- 2. Latte Built Fitness**
  - a. Call for membership rates
  - b. Minimum Age: 15 years old
  - c. Contact Information: (670) 235-2265

For the most updated information, visit: [https://takecareasia.net/directories/fitness\\_partner\\_director](https://takecareasia.net/directories/fitness_partner_director)



**Important:** Please call your preferred fitness partner for more information about their services and fees.  
 Note: Age restrictions may apply. \*Additional fees apply for upgraded services, registration, uniform, etc. Members should contact the facility for more information. Fees and partner listing are subject to changes. \*\*Fitness Partner located on Saipan.



takecareasia.com



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