



Low
Rates



No
Deductible¹



Dental
Included



Gym
Membership



Great Benefits. Local Support.

¹High and Standard Options



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Our Island, Your Health Plan™

rev10072025

Table of Contents

Welcome Letter.....	2
Notice of Summary of Benefits and Coverage	3
2026 Benefit Changes and Clarifications	4
Your 2026 Benefits at a Glance	5
TakeCare HDHP Plan Option Benefits	6
2026 Rates	7
Wellness Incentive Package & Fitness Partner Membership	8
Non-PSHB Supplemental Dental Package.....	9
Off-Island Dependents	10
TakeCare Medical Referral Hotline.....	11
FHP Health Center	12
TakeCare On-Island Network.....	13
TakeCare Off-Island Network.....	14
Affinity Rewards: Guam & Saipan	15-16
TakeCare Mobile App.....	17

Hafa Adai USPS Employees and Annuitants!

Welcome to the Open Season enrollment period for the 2026 calendar year benefits!

The 2025 Open Season will run from **November 10 – December 8, 2025**.

For 2026, TakeCare, continues as one of 32 carriers participating in OPM's new Postal Service Health Benefits (PSHB) Program for USPS employees, annuitants, and their families. **TakeCare is the only local carrier selected.**

Postal Service Health Benefits Program

The Postal Service Health Benefits (PSHB) Program will continue to offer health insurance to Postal employees, annuitants and eligible family members starting January 1, 2026. Scan this QR code to view OPM's PSHB Web Page which provides details about the program.



Open Season Activities

You can make changes to your plan enrollment during the PSHB Open Season. You are encouraged to review all available plans to choose a plan that best fits your needs. If you don't make any changes, your PSHB coverage for 2026 will be with the plan in which you are currently enrolled.

To assist you with this important decision, we will be presenting group briefings at your USPS facilities, hosting virtual online briefings, walk-in hours at our customer service office, scheduled health fairs, and making available lots of information on our PSHB-dedicated web page and social media channels. We encourage you to visit the web page frequently to learn more about the 2026 benefit offering and be on the lookout for the newspaper ads and other announcements concerning dates and times of various open season activities hosted by TakeCare.

If you (and/or your dependents) have Medicare or will become eligible for Medicare in the next 12 months, a Federal law gives you more choices about your prescription drug coverage.

Please see the Notice on the front inside page of the enclosed PSHB Plan Brochure for more details.

TakeCare's PSHB-dedicated Web Page

To access electronic versions of our materials and information about TakeCare's PSHB offering, go to www.takecareasia.com/pshb2026 or scan this QR code to view TakeCare's PSHB Web Page.



Notice of Summary of Benefits and Coverage (SBC):

Availability of Summary Health Information

The Postal Service Health Benefits (PSHB) Program offers numerous health benefits plans and coverage options. Choosing a health plan and coverage option is an important decision. To help you make an informed choice, each PSHB plan makes available a Summary of Benefits and Coverage (SBC) about each of its health coverage options, online and in paper. The SBC summarizes important information in a standard format to help you compare plans and options.

TakeCare's SBCs are available on the internet at www.takecareasia.com/pshb2026. Paper copies are also available, free of charge, by calling TakeCare's Toll Free Customer Service Call Center Number at (877) 484-2411 (accessible anywhere within the 50 U.S. States, Guam, Saipan, Puerto Rico and the U.S. Virgin Islands).

To find out more information about plans available under the PSHB Program, including SBCs for other PSHB plans, please visit <https://www.opm.gov/healthcare-insurance/pshb/>.

2026 Benefit Changes to TakeCare's High, Standard, and HDHP Options

Program-wide changes

- **Gender-affirming Surgery** is no longer covered as of January 1, 2026. An exception process is available for those enrollees who are mid-treatment within a surgical regimen for Sex-Trait Modification for diagnosed gender dysphoria. *See pages 60, 133 of our brochure.*
- **Drugs for Gender-affirming Care** are no longer covered as of January 1, 2026. An exception process is available for those enrollees who are mid-treatment within a chemical regimen for Sex-Trait Modification for diagnosed gender dysphoria. *See pages 85, 155 of our brochure.*

Changes to TakeCare's High, Standard, and HDHP Options

- **Airfare Benefit** is being added which will cover at 100% (subject to HDHP Option deductible), round-trip airfare on a medical commercial airline flight to the Philippines for a hospitalized member meeting the hospital to hospital transfer criteria and a licensed medical attendant, if required, who requires services not available on Guam, the CNMI, or Palau. *See pages 95, 164 of our brochure.*
- **Medical Travel Benefit** is expanded so that, in addition to the Philippines, it can now be used for travel to in-network providers in S. Korea or Taiwan when receiving pre-authorized, elective inpatient or outpatient procedures, excluding emergencies, screenings, executive checkups, primary care, dental, home health, hospice, mental health & substance misuse disorder treatment or maternity-related services. *See pages 95, 164 of our brochure.*
- **Obesity Screening, Counseling, and Referral Program** is being enhanced with additional content in support of USPS' initiatives to address the causes and treatment of adult and childhood obesity. *See pages 36, 111 of our brochure.*
- **PDP EGWP True Out-of-Pocket Cost (TrOOP)** – under the PDP EGWP coverage, the prescription drug annual out-of-pocket limit for Self Only is increasing from \$2,000 to \$2,100, for Self Plus One from \$4,000 to \$4,200, and for Self and Family from \$6,000 to \$6,300. *See page 27 of our brochure.*

Your 2026 Benefits at a glance

In-Network

You pay

	High Option	Standard Option	HDHP Option
Deductible	\$0	\$0	\$1,500
Outpatient Services			
Preventive Care	\$0	\$0	\$0 (deductible waived)
Telehealth	\$0	\$0	0%
Primary care office visit	\$5 FHP / \$10 Preferred / \$20 Other	\$5 FHP / \$15 Preferred / \$25 Other	20%
Specialty care office visit	\$40	\$40	20%
Laboratory Tests	\$0	\$0	\$0
X-rays	\$0 FHP / \$0 Preferred / \$20 Other	\$5 FHP / \$20 Other	20%
Chiropractic Services-20 visits per year*	Charges above \$25	Charges above \$25	Charges above \$25
Maternity Services			
Routine prenatal care	\$0	\$0	\$0
Delivery	\$100/day, up to \$500	\$150/day, up to \$750	20%
Hospital Services			
Outpatient Surgery	\$100	\$150	20%
Inpatient hospital	\$100/day, up to \$500	\$150/day, up to \$750	20%
Emergency and Urgent Care			
Urgent care (clinic setting)	\$15 FHP / \$20 Other	\$15 FHP / \$25 Other	\$75
Emergency care (hospital setting)	\$75	\$100	\$100
Ambulance	\$0	\$0	\$0
Prescription drugs (preferred retail) - 30 day fill			
Preventive	\$0	\$0	\$0 (deductible waived)
Generic	\$5	\$10	\$15
Preferred Brand	\$15	\$30	\$30
Non-Preferred Brand	\$50	\$75	\$75
Preferred Specialty	\$100	\$100	\$100
Non-Preferred Specialty	\$200	\$250	\$250
Prescription drugs (other retail) - 30 day fill			
Preventive	\$0	\$0	\$0 (deductible waived)
Generic	\$10	\$15	\$20
Preferred Brand	\$25	\$40	\$40
Non-Preferred Brand	\$70	\$100	\$100
Preferred Specialty	\$100	\$100	\$100
Non-Preferred Specialty	\$200	\$250	\$250
Out-of-pocket Maximum (per person)	\$2,000	\$3,000	\$3,000

* Prescription drug coverage under EGWP subject to \$500 deductible, \$2,100 out of pocket maximum

* Prescription drugs also available for a 90-day fill at preferred retail pharmacies

This is a brief description of the features of TakeCare Insurance Company's Plan Options. Before making a final decision, please read the Plan's PSHB brochure RI 73-979. All benefits are subject to the definitions, limitations, and exclusions described in the brochure.



HDHP Plan Option



If you're looking to keep more money in your pocket during these challenging financial times and you really don't use a lot of healthcare right now, consider enrolling in TakeCare's High Deductible Health Plan (HDHP) Option this open season.

Here's some good reasons to choose TakeCare's HDHP Option:

❖ **Very affordable** bi-weekly payroll deduction

- Self Only (HJA) - **\$15.52**
- Self Plus One (HJC) - **\$37.48**
- Self and Family (HJB) - **\$41.63**
- A Self Only payroll-deduction annual savings of **\$4,449.60** over TakeCare's High Option; even more if you're covering dependents

❖ **100% coverage for in-network preventive services (deductible waived)**

- preventive annual physical exams, immunizations, age/gender related screenings, well-child visits
- most preventive care medications, supplements and devices, **including insulin and other glucose-lowering agents**, if prescribed by a healthcare professional and filled at a network pharmacy

❖ **Health Savings Account (HSA) qualified plan**

- In 2026, TakeCare deposits into your HSA each month **\$32.34** if you have Self Only coverage, **\$78.09** for Self Plus One, and **\$86.73** for Self and Family
- In 2026, the maximum that can be contributed into your HSA is **\$4,400** for the year if you have Self Only coverage including TakeCare's contribution; **more if you're covering dependents**. If your age is 55 or older, you're allowed an additional \$1,000 contribution
- Contributions are tax-deductible, investment earnings are tax-deferred, qualified withdrawals are tax-free You may use the money in your HSA, including TakeCare's contribution, to pay all or a portion of the annual deductible, copayments, coinsurance, or other out-of-pocket costs that meet the IRS definition of a qualified medical/dental expense
- Any funds remaining in your HSA at the end of the year completely rolls over into the next year
- Continue to access available funds even if you leave Guam or federal employment or enroll in a non-qualified plan



To learn more making the smart move to getting healthcare coverage and keeping money in your pocket, go to http://tiny.cc/TakeCarePSHB_HSA_FAQs.

2026 RATES

	HIGH	STANDARD	HDHP
Self Only			
Bi-weekly	\$ 72.57	\$ 46.85	\$15.52
Monthly	\$157.23	\$101.51	\$33.64
Self Plus One			
Bi-weekly	\$145.09	\$ 93.97	\$37.48
Monthly	\$314.36	\$203.60	\$81.21
Self and Family			
Bi-weekly	\$208.64	\$154.79	\$41.63
Monthly	\$452.06	\$335.37	\$90.19

This is a brief description of the features of TakeCare Insurance Company's Plan Options. Before making a final decision, please read the Plan's PSHB brochure RI 73-979. All benefits are subject to the definitions, limitations, and exclusions described in the brochure.

2026

Wellness Incentive Package and Fitness Partner Membership



Working It Out ...to earn incentives

***The Wellness Incentive Package is again
part of your chosen TakeCare Plan Option.
Fitness Partner Membership Available.***

Scan QR code for more details



**Wellness Incentive
Package**



**Fitness Partner
Membership**



 **TakeCare**SM

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2026 Non-PSHB Supplemental Dental Package



Looking for more
Dental coverage?

TakeCare is pleased to offer its Supplemental Dental Plan to TakeCare PSHB Members for Benefit Year 2026.

As a valued member, you'll enjoy a wide range of benefits with no rate increase over 2025. **For more details scan QR code.**



Supplemental
Dental Coverage



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Attention TakeCare Members

Please review the important information below.

Off-island Dependents

Insurance coverage and medical care of dependent child(ren) off island is important. To assure that care and coverage is available when needed, please provide the following information to TakeCare:

- Completed Off-island Primary Care Verification Form
- Copy of the dependent child(ren)'s birth certificate if applicable

This information must be provided to TakeCare within 30 days of your dependent child(ren)'s coverage effective date or open enrollment, or within 30 days of a qualifying event (i.e., moving off-island, changing address). **Call TakeCare customer service at 671-647-3526 or toll-free, 877-484-2411, or via email at customerservice@takecareasia.com**

Emergency/Urgent Care Services Notification

In the event of an emergency or urgent care services, seek immediate medical attention and make sure you or someone else notifies TakeCare within forty-eight (48) hours or as soon as reasonably possible after initial receipt of services to inform us of the location, duration and nature of the services provided. Call TakeCare 24/6 hotline at 671-300-5995 (Guam) or 800-671-8075 (US) or email tc.mrs@takecareasia.com. **Not informing TakeCare within the time specified may result in your claim not being covered.**

Emergency Definition

TakeCare defines a medical emergency as the sudden and unexpected onset of a condition or injury that you believe endangers your life or could result in serious injury or disability, and requires immediate medical or surgical care. Examples include heart attacks, strokes, poisonings or inability to breathe. **The use of emergency room services for conditions not considered emergencies are not covered.**

Out of Network Emergency Services Benefit

If a out-of-network provider is used for Emergency Services, the covered member's out-of-pocket expense (applicable deductible, copayment, or coinsurance) will be no greater than what it would have been if a in-network provider had been utilized. Learn more at www.takecareasia.com/nsa

For more information about this or your other TakeCare benefits, call customer Service at 671-647-3526 or toll-free, 877-484-2411, or via email at customerservice@takecareasia.com.

Customer Service (671) 647-3526

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ACCREDITATION ASSOCIATION
for AMBULATORY HEALTH CARE, INC.



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Off-island Dependents_rev 10072025



TakeCare

TakeCare's **MEDICAL REFERRAL SERVICES** Hotline

- ER Notifications
- Obtain Prior Authorizations
- Submit Referral Requests
- Concurrent Approvals

As part of TakeCare's continuous efforts to provide you with exceptional service and support, we are pleased to offer our **Medical Referral Services ("MRS")** Hotline. This hotline will expand and support our current capabilities to provide convenience, easy access and support to the medical needs of TakeCare members and patients. You can now contact TakeCare through this hotline for any emergency room notification and services; obtain prior authorization for services; submit your referral requests; and concurrent approval of in-patient services.

MRS Hotline Numbers:

US and Canada: **1-800-671-8075** (toll free)

Guam: **1-671-300-5995**

Philippines*: **632-53172273**

Email: **TC.MRS@takecareasia.com**

Fax: **1-671-647-3541**

*Dialing program here in the Philippines are as follows:

From cellphone: 02 + 8 digit landline number
ex. 02-53172273

From land line: 8digit landline number
ex. 53172273

From outside PI: 632 + 8 digit land line number
ex. 632 - 53172273

If you have any questions about this hotline, please do not hesitate to contact us through customerservice@takecareasia.com or call us at **1-671-647-3526**.



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Our Island, Your Health Plan™



The Island's Best Clinic is now Best of the Pacific Best Off-Base Medical Service

The **FHP Health Center** is your convenient, one-stop health care facility for your family's medical, dental, and vision needs. In addition to our highly-trained and well known physicians, FHP offers a full-service pharmacy, laboratory, radiology and specialty care center all in one convenient location.



Thank you for your service

and for allowing us to be part of your healthcare journey. FHP Health Center is honored to serve our local community as well as the families of our military troops and veterans.

Medical Care

Primary Care

Adult Medicine

Monday – Friday | 8am – 6pm

Home Health & Hospice

Monday – Friday | 8am – 5pm

Occupational Health Services

Monday – Friday | 8am – 4pm

Pediatrics

Monday – Saturday | 8am – 5pm

Imaging Center | Radiology

Xray

Monday – Saturday | 8am – 5pm

MRI, CT Scan, Digital Mammogram,

Ultrasound, Echocardiogram, and

BMD call for appointment.

Specialty Care

Cancer Center

Monday – Friday | 8am – 5pm

DLS Laboratory

at FHP Health Center will mirror FHP's hours of operation. Mega Drug III at FHP is open from Monday - Friday 8am - 6:30pm, Saturday 8am - 4pm Closed on Sundays.

Dental Care

Business Hours

Monday – Saturday | 8am – 6pm

Vision Care

Business Hours

Monday* – Saturday | 8:30am – 5:30pm

*Mondays are optical services only.



Urgent Care

Business Hours

Monday – Saturday* | 8am – 8pm

*Urgent Care: Closed - Thanksgiving, Christmas Day, and New Year's Day.

We accept most insurances including TakeCare, Staywell, NetCare, Tricare, Medicaid, and self-pay patients are welcomed.



Call (671) 646-5825 Press 1 for appointments or scan QR Code with your mobile device to request an appointment via email or visit <http://tiny.cc/FHPAppointments>



Address:
548 S Marine Corps Dr,
Tamuning, 96913, Guam

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Our Island, Your Clinic[®]
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GUAM

- Adult Health Care Clinic
- American Medical Centers*
- American Pediatric Clinic
- Blue Ocean Medical Group IHP*
- Central Medical Clinic
- Doris Lim, MD Clinic
- Dr. Shieh's Clinic*
- Evergreen Health Center
- Famalao'an Wellness Center
- FHP Health Center*
- Good Samaritan Clinic (Dr. Chang)
- Guam Adult Pediatric Clinic
- Guam Medical Care Clinic
- Guam Medical Health Care Center (Dr. Villa)
- Guam Medical Imaging Center
- Guam Radiology Consultants
- Guam Seventh-day Adventist Clinic
- Health Partners, LLC
- MDX Imaging
- MedFirst Pediatrics
- MPG Pediatrics*
- Pacific Cardiology Consultants
- Pediatric and Adolescent Clinic
- Polymedic Clinic
- Premise Health | United Family Medical Center
- Samonte Medical Clinic
- The Doctors' Clinic
- Todu Guam Foundation
- Tumon Medical Office

MEDICAL SERVICES

- Chiropractic
- Dialysis
- DME
- Hearing Services
- Home Health
- Hospice
- Occupational Therapy
- Optometrists
- Physical Therapy
- Massage Therapy

SPECIALISTS

- Anesthesiology
- Behavioral Health
- Cardiology
- Dermatology
- Endocrinology
- Geriatrics
- Infectious Disease
- Nephrology
- Neurology
- Oncology (Medical)
- Oncology (Radiation)
- Ophthalmology
- Oral and Maxillofacial Surgery
- Orthopedics
- Otolaryngology (ENT)
- Pain Management
- Pediatric Cardiology
- Pediatric Pulmonology
- Perinatology
- Podiatry
- Pulmonology
- Sleep Medicine
- Speech-Language Pathology
- Surgery
- Urology
- Wound Care

PHARMACIES

- Community Pharmacy II (AMC Upper Tumon)
- Community Pharmacy III (GAPC Clinic)
- Express Med Pharmacy
- Express Med Pharmacy II (AMC Mangilao)
- Guam Rexall Drugs
- Guam Seventh-day Adventist Clinic
- Pharmacy (Guam SDA)
- ITC Pharmacy I (Samonte Medical Clinic)
- ITC Pharmacy II (Good Samaritan)
- Island Family Pharmacy*
- Mega Drug I

- Mega Drug II
- Mega Drug Pharmacy III (FHP Pharmacy)
- Minutes RX Pharmacy
- Oka Pharmacy Inc.
- Perezville Pharmacy (TDC)
- Polymedic Pharmacy
- Sagan Amot Pharmacy
- Simply Rx Pharmacy
- SuperDrug Dededo*
- SuperDrug Harmon (IHP)*
- SuperDrug KMart*
- SuperDrug KMart (formerly KMart Pharmacy)
- SuperDrug Maite*
- SuperDrug Oka*
- SuperDrug Yigo*

HOSPITALS

- Guam Memorial Hospital Authority
- Guam Regional Medical City

CNMI

CNMI CLINICS

- Kagman Community Health Center
- Marianas Medical Center
- Medical Associates of the Pacific
- Pacific Medical Center
- Sagan Hinemlo' Family Clinic

MEDICAL SERVICES

- Durable Medical Equipment
- Home Healthcare
- Lab Services
- Massage Therapy
- Physical Therapy
- Women's Healthcare

SPECIALISTS

- Audiology
- Behavioral Health
- Cardiology
- Neurology
- Ophthalmology
- Optometry

PHARMACIES

- Brabu Pharmacy in CNMI*
- PHI Pharmacy I & II

HOSPITALS

- Commonwealth Health Center
- Rota Health Center
- Tinian Health Center

Are you looking for a specific doctor or specialist?

Visit <http://tiny.cc/TakeCareProviders> or scan the QR Code below for the latest TakeCare network provider listings. You can also download our mobile app so you can access on the go!



* Preferred In-Network Providers

Revised 10072025

Quality Providers for Your Health Care Needs



Choose from our off-island network in the US & Asia

CONTINENTAL US

- Hollywood Presbyterian Medical Center
- Keck Medicine of USC
- Cedars Sinai Hospital*
- Children's Hospital of Los Angeles*
- PIH Health Downey Hospital
- PIH Health Good Samaritan Hospital
- PIH Whittier Hospital
- PIH Urgent Care (7 clinics)
- Long Beach Memorial Medical Center
- Mayo Clinic Health System*
- MD Anderson Cancer Centers*
- Miller Children's Hospital
- Pacific Cardiovascular Associates
- UCLA Medical Center
- UCSF Medical Group & Physician Services
- Western Medical Center Santa Ana
- Plus 1.2 million providers nationwide*



HAWAII

- Adventist Health Castle*
- Shriners Hospital for Children
- The Queen's Medical Center*
- Wahiawa General Hospital*



US PHARMACY BENEFIT MANAGER (PBM)

- Elixir Solutions-->Now: **MedImpact**

1,000s of pharmacies nationwide



HOLLYWOOD PRESBYTERIAN MEDICAL CENTER

RafflesHospital
Singapore



Bumrungrad
International

KANG DONG
ORTHOPEDIC HOSPITAL



Sime Darby Healthcare



ASIA

- Bumrungrad Hospital, Thailand
- China Medical University Hospital, Taiwan
- Kang Dong Orthopedic Hospital, Korea
- Raffles Hospital, Singapore
- Sime Darby Healthcare, Malaysia
- Taiwan Adventist Hospital, Taiwan

Choose from our off-island network in the Philippines



Count on TakeCare to deliver comprehensive, Accredited insurance coverage and quality health care when and where you need it. Choose TakeCare.



connect with us





GUAM

Receive special offers when you present your TakeCare member ID card at any of our Affinity Partners.

The Affinity Rewards program is TakeCare's loyalty program that rewards members for supporting partner program members. As a TakeCare member, you have the benefit of receiving discounts and special offers from our Affinity Partners.



Ajisen Ramen
Free Iced Tea with any entree purchase⁵



Al Dente (Hyatt Regency Guam)
10% off Total Purchase



Asiga
5% discount on food and drinks (excluding merchandise, coffee beans, and special orders)⁵



Blake's Car Rental
10% off any car rental or detail servicing



Breezes (Hyatt Regency Guam)
10% off Total Purchase



Café Kitchen (Hyatt Regency Guam)
10% off Total Purchase



Caffe Cino (Hilton Guam Resort)
15% off cardholder's purchase⁵



Capricciosa
\$3 OFF on any purchase of \$20 or more¹



Car Audio Image
10% OFF SELECTED ITEMS*
JBL, Skar Audio, PG/SS, Chemical GYS, Power Acoustik, DS18⁴



Carrier
15% off regular list priced hi-wall, duct free air conditioning systems. Discount only applicable on 9K - 36K BTU models in stock. Free brackets with installation for 9K - 24K BTU units.



DripServedDaily
10% off of all active wear and apparel⁴



East Island Tinting
10% off all services including special promotions⁴



FEWTURE
15-25% OFF OF ALL SELECTED MERCHANDISE. INCLUDING POP-UPS, EVENTS, AND ONLINE PURCHASES⁴



FHP Dental
10% off Teeth Whitening (Conditions apply. Please call FHP Dental for more information.)⁴



FHP Vision
10% OFF on all non-prescription eyewear and over the counter items⁴



Fit For You Guam
4 week Meal Program (5 days a week, 2 meals a day)⁴



Fisherman's Cove
10% off Total Purchase⁵



Fizz & Co.
Purchase one of our handmade sodas, soda jerk favorites and get one FREE⁴



Fountain Lobby Lounge (Hotel Nikko Guam)
10% off cardholders purchase over \$15.00¹



Gemkell
Tumon Sands Plaza: BALenciAGA, CHLOE, GIVENCHY, LESPORTSAC
The Plaza: BALenciAGA, MARC JACOBS, LESPORTSAC, LONGCHAMP
Micronesia Mall: LACOSTE



Guam Body Institute
10% off treatments and packages.
Upon booking, use code [TAKECARE]⁵



H2O Spa
5% discount for any services (Conditions apply)⁴



Ignite Juice Bar
• 15% off on 5 days or more on Cleanse Program
• 10% off on any (one) 1 item from the menu/transaction



Ina Wellness Collective
• 10% off events and retreats - use promotional code: TakeCare
• 10% off health coaching programs - mention TakeCare when booking a consultation



Island Eye
Receive up to \$600.00 OFF LASIK Surgery⁴



Island Skin Spa
10% off any regular price facials, massages, & waxes⁴



Islander Terrace (Hilton Guam Resort)
15% off (Sunday - Thursday)⁵



KM Universal
15% off Sundries, 5% off STIHL Bushcutters, Chainsaws, and Outdoor Power Equipment⁴



Lagoon Spa
5% off (Conditions apply)⁴



Lobby Lounge (Hyatt Regency Guam)
10% off Total Purchase



Lotus Surf Shop
20% off All Apparel & Accessories⁴



Magellan Restaurant (Hotel Nikko Guam)
15% off cardholders meal and beverage¹



Mega Drug I, II, III
5% discount for all over the counter products when purchased \$10 or more⁴



Moka's Paddleboards
10% off select services. (Includes Rental, Tag-Alongs, and Expeditions. Per transaction.)⁴



Natural Ginger Spa
5% Off Any Treatment (Contact Natural Ginger Spa for treatments, conditions apply)⁴



Niji (Hyatt Regency Guam)
10% off Total Purchase



Pat's Window Tinting
\$30 off - Tinting
\$35 off - Detailing



San Lorenzo Laundry Express
• 10% off on Wash, Dry, & Fold service
• Give us 2 comforter of any size and receive 50% on the 2nd comforter⁴



Skechers
15% off on shoes/apparel only. Clearance items NOT included⁴



SMILE CHILD
10 % off (In-store and online) Use Code: (TAKECARE10) for online orders only.⁴



Spa Ayualam
30% off all services (Conditions apply)⁴



TGI Friday's
15% off member meals⁴



The Deli (Hyatt Regency Guam)
10% off Total Purchase



The Laundry Time
5% off on all premium orders for laundry pickup and delivery. Use code - TAKECARE2022 to avail discount.



Zephyr Cooling
10% discount off all basic AC cleaning⁴

RESTRICTIONS APPLY: ¹Excludes alcohol. May not be combined with any other offer, promotion, or discount. Dine in only. Valid only on Guam. ²Excludes Special Event. May not be combined with any other offer, promotion, or discount. Valid only on Guam. ³Limit one per table. May not be combined with any other offer, promotion, or discount. Valid only on Guam. ⁴Please see Affinity Rewards partner for details. ⁵Cannot be combined with any other offer, promotion, or discount. ⁶Not valid on following promotional days: Dec. 24, 25, 31, Jan. 1 and Feb. 14. Cannot be used in conjunction with any other promotions or discounts.



For more information about the program or how to become an Affinity Rewards Partner, please contact us at affinityrewards@takecareasia.com. Conditions apply.

*Information subject to change



A TanHoldings Company
RSVD 09062025



SAIPAN

Receive special offers when you present your TakeCare member ID card at any of our Affinity Partners.

The Affinity Rewards program is TakeCare's loyalty program that rewards members for supporting partner program members. As a TakeCare member, you have the benefit of receiving discounts and special offers from our Affinity Partners.



Brabu Pharmacy and Wellness Center
10% Discount on all OTC Items



Cazimi Escape & Relax
20% Cazimi Package & Stress Away Service⁵



Century Tours Inc DBA: iSHOP
10% off on footwear⁶



Crowne Plaza Resort Saipan
15% off at The Terrace with a complimentary glass of wine or beer⁴



Eucon Medical Health Service
5% Discount for all Membership Plans except Personal Training and Single Session Fees



FORK & SPOON
10% OFF CARD HOLDER MEAL OVER \$15.00



Gold's Gym Saipan
10% off Gold's Gym Gear



Hardt Eye Clinic
10% discount, Oakley sunglasses⁵



Healing Stone Yuyu Spa
10% Off all services⁴



Latte Built Fitness and Nutrition
10% off all Latte Built merchandise⁴



Namaste Beautiful Salon and Spa
10% on all individual services⁴



Salt & Barber

RESTRICTIONS APPLY: ¹Excludes alcohol. May not be combined with any other offer, promotion, or discount. Dine in only. Valid only on Guam. ²Excludes Special Event. May not be combined with any other offer, promotion, or discount. Valid only on Guam. ³Limit one per table. May not be combined with any other offer, promotion, or discount. Valid only on Guam. ⁴Please see Affinity Rewards partner for details. ⁵Cannot be combined with any other offer, promotion, or discount. ⁶Not valid on following promotional days: Dec. 24, 25, 31, Jan. 1 and Feb. 14. Cannot be used in conjunction with any other promotions or discounts.



For more information about the program or how to become an Affinity Rewards Partner, please contact us at affinityrewards@takecareasia.com. Conditions apply.

*Information subject to change



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RSVD 09062025



DOWNLOAD THE TAKECARE MOBILE APP!

Now Tracking Your Massage Therapy Visits



Attention TakeCare Members!

We understand that your needs have evolved and so has technology, which is why we have developed an app for your convenience. You now have the ability to access TakeCare at the convenience of your mobile device! Our mobile app gives you access to you and your family's member ID card, our network of providers, TakeCare wellness programs, fitness schedule, Affinity Rewards, and wellness partners. It also helps you manage your wellness and fitness incentives and track your fitness progress through biometrics!

Features Include:

- Access to Affinity Rewards Partner listing and discounts
 - Submit and Access your biometric data to track your fitness progress*
 - Digital TakeCare Member ID card
 - Find a provider or clinic nearby or search by location
 - Access to Fitness Stamp cards
 - Automatic Submission of Completed Fitness Card
 - Alerts for TakeCare sponsored events and promotions
 - Incentives paid quarterly
- *Available for select plans

Download the TakeCare mobile app today.



Getting started is simple.

1. Search by typing '**TakeCare app**' in the Apple iOS App Store (iPhone) or the Google Play App Store (Android)
2. Download the App for your Apple or Android phone
3. Open app and select "I AM A TAKECARE MEMBER, BUT IT'S MY FIRST TIME HERE"
4. Enter your information and TakeCare member ID number
(note: Use 12-digit Member ID number on your TakeCare insurance card with no dash "-")



A Tan Holdings Company

takecareasia.com

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Our Island, Your Health Plan™



Notes



Great Benefits. Local Support.

TakeCare Insurance Company Inc.

GUAM

Mailing Address:

P.O. Box 6578 Tamuning, Guam 96931

Physical Address:

219 S Marine Corps Drive, Suite 200, Tamuning, Guam, 96913

SAIPAN

Mailing Address:

P.O. Box 500118 San Jose, Saipan MP, 96950

Physical Address:

1st Floor, TSL Plaza Beach Road Garapan, Saipan MP 96950

Telephone: (670) 235-0994

Fax: (670) 234-3742

Administration

Telephone: (671) 646-6956

Fax: (671) 647-3551

Customer Service

Telephone: (671) 647-3526 or Toll Free at 1-877-757-6418

Fax: (671) 647-3542

Email: customerservice@takecareasia.com

Guam Business Hours:

Monday-Friday 8am-5pm Saturday, Sunday and Holidays Closed

Saipan Business Hours:

Monday - Friday 8 a.m. - 5 p.m. Saturday, Sunday and Holidays - Closed

Medical Referral Services (MRS) Hotline

Telephone:

US and Canada: 1-800-671-8075 (toll free)

▪ Guam: 1-671-300-5995

▪ Philippines: 632-53172273

*Dialing program here in the Philippines are as follows:

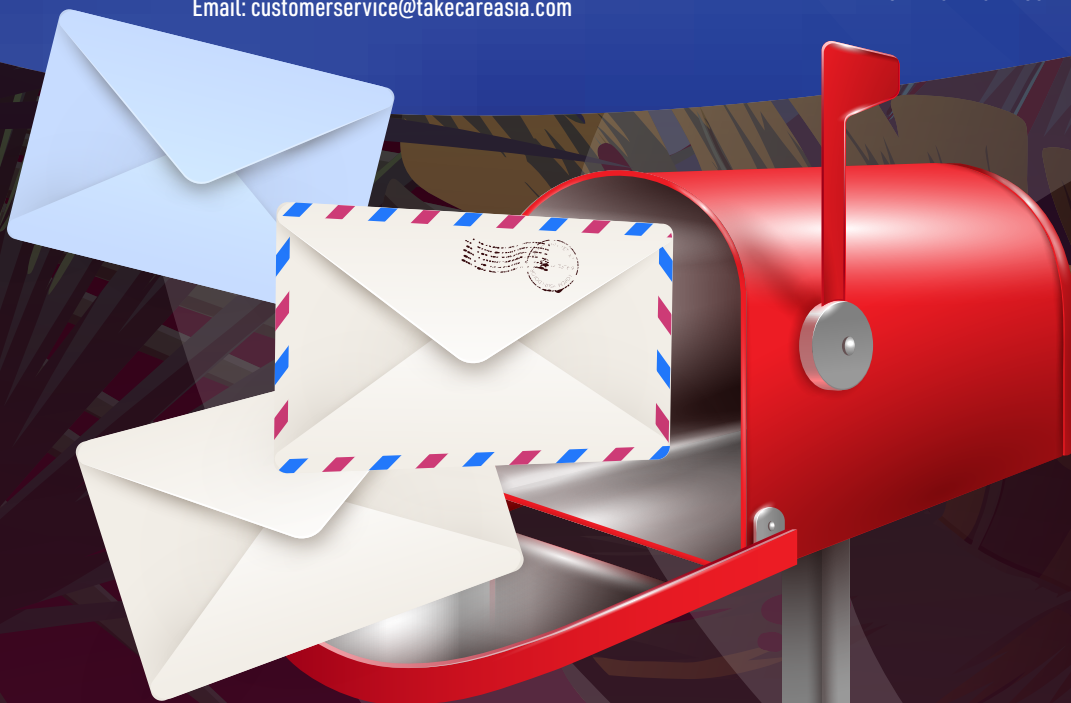
▪ From cellphone: 02 + 8 digit landline number
ex. 02-53172273

▪ From land line: 8 digit landline number
ex. 53172273

▪ From outside PI: 632 + 8 digit landline number
ex. 632 - 53172273

Email: TC.MRS@takecareasia.com

Fax: 1-671-647-3541



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