2027 PSHB Fitness Partner Membership

Federal Employees and Annuitants

Stand-Alone FITNESS PARTNER MEMBERSHIP

ENROLL TODAY!

- Free fitness partner membership available, subject to meeting the monthly visit requirement as it currently exists
- Roll-over for those currently enrolled with a gym
- Enrollment required for new or changes

Don't miss out! If not currently enrolled, deadline is December 14, 2026

For more information, call (671) 647-3526 to speak with a TakeCare representative.

TakeCare℠
A Tan Holdings Company
takecareasia.com
Connect with us

PSHB TCFITNESS PARTNER_10192026

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ENROLL TODAY!

Visit:
http://tiny.cc/FederalWellness
or scan QR Code:

Fitness PARTNER TakeCare

1. TakeCare℠ Wellness Center
2. CrossFit Latte Stone
3. Custom Fitness
4. Guam Muay Thai
5. Hilton Guam Resort & Spa
6. International Sports Center
7. Livestrong Fitness and Nutrition
8. Paradise Fitness
9. SKIP Entertainment Company
10. Synergy Studios "Where Fitness Meets Wellness"
11. Tribe Guam
12. Unified Fit
13. G
14. Urban Fitness Guam
15. Cold's Gym
16. Latte Built Fitness & Nutrition

A. Aviara Sports
B.
C. MADEWILD
D. Rockit Ride
E. RM Sports Boxing & Kickboxing Academy
F. RYZE Martial Arts & Fitness Academy

2027 PSHB Fitness Partner Membership – Frequently Asked Questions (FAQs)

How do I activate my gym membership?

On or after January 1st, simply visit your Preferred Fitness Partner and provide a photo ID and your TakeCare Membership ID number. Your TakeCare Membership ID number is available on the TakeCare Mobile App, TakeCare Membership Card, or you may call customer service at **(671) 647-3526** to request your ID number.

What does my Preferred Fitness Partner offer? Are there any additional costs?

Below are the membership details for TakeCare's Fitness Partners. TakeCare covers a basic membership with all our fitness Partners. Some Fitness Partners offer upgraded options, however, TakeCare does not cover additional fees for these services. Also, TakeCare does not cover registration/enrollment fees, cancellation fee, uniform fees, etc. For more information on upgrade services, please contact your Preferred Fitness Partner.

*Membership upgrade options available. Additional fees are not covered by TakeCare.

Fully Covered

Guam Fitness Partners

1. **TakeCare Wellness Center**
   a. Free, unlimited access to fitness classes
   b. View calendar at www.TakeCareAsia.com
   c. Contact Information: (671) 646-6956 ext 7260

2. **CrossFit Latte Stone**
   a. Unlimited Access
   b. Contact Information: (671) 633-2357

3. **Custom Fitness**
   a. Unlimited Access
   b. Contact Information: (671) 989-0436

4. **Guam Muay Thai**
   a. Unlimited Access
   b. Contact Information: (671) 487-7718

5. **Hilton Wellness Center**
   a. Unlimited Access to Wellness Center and Group Classes
   b. Contact Information: (671) 646-1835 x5886

6. **International Sports Center**
   a. Unlimited Access
   b. Contact Information: (671) 477-9885

7. **Livestrong Fitness & Nutrition**
   a. Unlimited Access
   b. Upgrade Services Available
   c. Contact Information: (671) 989-5483

8. **Paradise Fitness Center**
   a. Dual Club Access: Hagatna & Dededo
   Contact Information: (671) 475-2100

9. **SKIP Entertainment Company***
   a. Access to One (1) Class Per Week
   b. Upgrade Services Available
   c. Contact Information: (671) 472-4241

10. **Synergy Studios**
    a. Unlimited Access
    b. Contact Information: (671) 472-9642

11. **Tribe Guam**
    a. Unlimited Access
    b. Contact Information: (671) 788-5719

2027 PSHB Fitness Partner Membership – Frequently Asked Questions (FAQs) continued

12. **Unified Fit**
    a. Unlimited Access
    b. Contact Information: (671) 969-8641

13. **University of Guam: Triton Fitness Center**
    a. Unlimited Access
    b. Contact Information: (671) 735-2861

14. **Urban Fitness**
    a. Unlimited Access
    b. Contact Information: (671) 969-7308

Saipan Fitness Partners

15. **Gold's Gym**
    a. Unlimited Access
    b. Contact Information: (670) 233-4000

16. **Latte Built Fitness**
    a. Unlimited Access
    b. Contact Information: (670) 235-2265

Additional Cost Fitness Partners

A. **Avira Sports**
   a. Unlimited Access
   b. Member Share: Cost Varies
   c. Contact Information: (671) 486-6683

B. **Guam Taekwondo Center***
   a. Unlimited Access
   b. Registration Fee: $40 per member
   c. Contact Information: (671) 788-9723

C. **Made Wild***
   a. 6 classes per month
   b. Registration Fee: $50
   c. Upgrade Services Available
   d. Contact Information: team@madewildguam.com

D. **Rockit Ride***
   a. Monthly membership or Packages
   b. Member Share: Cost Varies
   c. Contact information: (671) 482-2243

E. **RM Sports Boxing and Kick Boxing Academy**
   a. Unlimited access
   b. Member Share
      i. Adults: $40 per month
      ii. Women Only: $20 per month
      iii. Youth: $0.00
   c.Instagram: rmsportsguam

F. **RYZE MAFA**
   a. Unlimited Access
   b. Member share
      i. Adults: $45 per month
      ii. Youth: $35 per month
   c.Contact Information: (671) 788-0440

NOTE:
*Additional fees apply for upgraded services, registration, uniform, etc. Members should contact the facility for more information. Visit takecareasia.com for the most updated information.

How do I get credit for my fitness activities?

- TakeCare offers 3 ways for you to track and receive credit for your gym visits:
  - ➢ TakeCare's Mobile App (available for download on the App Store and Google Play.
  - ➢ TakeCare Paper Stamp Cards
  - ➢ Self-reported fitness activities
- One (1) validation stamp is to be given per visit to a TakeCare Fitness Partner. Each visit must be at least 30 minutes long. Max of 2 fitness stamps per day.
  - ➢ You can earn a stamp for self-reported fitness activities of at least 30 minutes.
    See related flyer for a list of approved fitness apps and reporting instructions.

Can I only get fitness stamps at my Preferred Fitness Partner?

- No, you can earn fitness stamps from all our Fitness Partners, Self-reported Activities, and Wild Card facilities. Maximum of two (2) fitness stamps per day.

Other than the required number of monthly visits to gym, is there anything else I need to do to earn the fitness incentives shown in Part IV of TakeCare's Wellness Incentive Package?

- Yes, to earn the Part IV incentives, you must also complete an online Health Check questionnaire in the same year you are earning your fitness incentive.
- Go to https://personifyhealth.com to register and access the Health Check Questionnaire.

NOTE: This is just a short list of commonly asked questions. For the complete FAQ, visit the following link: **https://www.takecareasia.com/PSHB2027**

Fee & Enrollment (Online enrollment available at http://tiny.cc/FederalWellness) or scan QR Code:

- $50/month/member, paid monthly
- Fitness Partner
  - Members enrolled under multiple TakeCare plans will only be eligible for gym membership benefit under one TakeCare plan.
  - Members need to select their gym choice or "self report" their fitness activities to earn Part IV incentives.
  - Age restrictions may apply.
  - Additional fees, such as enrollment fees, cancellation fees, and uniform fees may apply.
- Fee is waived when enrolled in TakeCare High, Standard, or HDHP Option for 2027
  - **Fee waiver continues provided the member utilizes a TakeCare Fitness Partner at least 10 visits per month (may combine gym visits, "wild card" visit and "self-reporting" to meet 10 visit/month requirement)**.
  - Fee waiver is terminated if member, 18 years and older, utilizes a TakeCare Fitness Partner less than 10 visits per month for 2 consecutive months. The month following, the member must begin paying the monthly fee for the balance of the benefit period to continue accessing their chosen participating fitness partner. If member chooses not to pay the monthly fee, then 1) the member is not eligible for Parts IV and V of this package for the remainder of the benefit year and, 2) the member may also be responsible for a membership termination fee at their chosen gym. See the gym for more information.
- Enrollment lock in
  - no disenrollment is allowed within the benefit year, unless no longer eligible for health plan option
  - no changes to your chosen fitness partner during the lock-in period, unless that fitness partner's services are no longer available
- Enrollment
  - If you are currently enrolled in TakeCare Fitness Partner and you don't want to make any changes, your enrollment will be automatically renewed for 2026. However, you will need to activate your chosen fitness partner membership for 2027 **on or after January 1, 2027**.
  - For newly eligible federal employees and their dependents, enrollment for Fitness Partner Membership is allowed during the year, outside of Open Season, as long as enrollment takes place within 60 days of becoming eligible.
- Package benefits are effective **January 1, 2027** to **December 31, 2027**

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