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TakeCare signs in-network provider contract with SDA Clinic

Eligible commercial/private sector, GovGuam and federal government members under TakeCare Insurance Company, Inc. (“TakeCare”) will now have access to covered and approved services under the TakeCare member’s in-network benefits at the Seventh-day Adventist Guam Clinic (“SDA”).

Under the agreement, TakeCare’s eligible members may access the SDA clinic’s medical services including OB/GYN, radiology, physical therapy, dental, and eye services.

“We welcome SDA Clinic back into the TakeCare provider network,” said Arvin Lojo, health plan administrator. “Its quality medical, dental and eye services will greatly benefit the healthcare of our members.”

“During the past months, TakeCare has been renewing and creating more relationships and partnerships to build the largest medical provider network in Guam,” said George Chiu, president and CEO. “Our team is committed to serving our members by offering them more provider network choices.”

“We look forward to a mutually-beneficial and healthy partnership with TakeCare,” said Victor Shepherd, chief executive officer, Guam Seventh-day Adventist Clinic. “We will both strive to ensure that our patients’ interests and welfare remain at the forefront.”

October is Breast Cancer Awareness Month!

In Celebration, TakeCare will begin our annual Breast Cancer Screening, Awareness and Preventative Campaign **September 1st - December 31st, 2021.**



Attention all eligible TakeCare members (women ages 35 and above):

Complete your preventative breast cancer screening at FHP Health Center and receive a free gift!

TakeCare members are able to receive an incentive up to \$75 for completing their mammogram.

Get screened and enter for a chance to win a PHR Membership Card!

Call **(671) 646-5825** press **1** for appointments.

TakeCare Wellness Center newly renovated to reopen with Programs



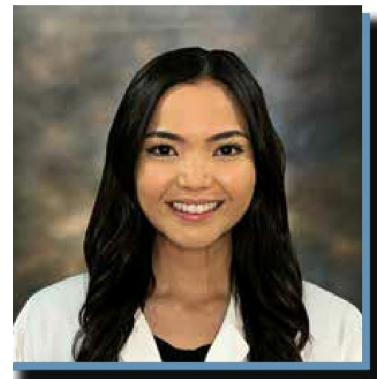
TakeCare Wellness Center will reopen its doors in October 2021 with Health, Wellness, and Nutritional Programs.

- **Programs:**

- Balanced Lifestyle centered
- Health and Wellness Consultations to assist participants in reaching their goals
- Disease Management is available to help participants improve their HbA1c, blood pressure, and cholesterol and lipid levels through balanced lifestyle change.
- Prevent T2 - Diabetes Prevention Program - a 12-month program that teaches participants to prevent type 2 diabetes through daily physical activity and sustainable eating habits.

- **Programs with Jonei Delgado, RDN:**

- Nutrition Consultations providing one-on-one direction to achieve a healthy, well-balanced lifestyle. Participants will benefit from consultations whether they need a complete dietary assessment, looking to manage a medical condition, want to fine-tune food choices, or get inspiration for new recipes to fit into their lifestyle. This consultation will develop an individualized plan and provide evidence-



- based research to increase knowledge and help maintain healthy long-term dietary practices.
- Cooking Workshops will include food demonstrations on ways to incorporate a variety of nutrient-dense foods and ingredients into easy, affordable, and exciting recipes; provide healthy cooking options and tips that are practical and incorporated into a busy lifestyle; and teach practical cooking and grocery shopping skills needed for prevention of diseases.
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No Surprise Act

The "No Surprises Act" was passed by the United States Congress in 2021 and will take effect on January 1, 2022. This new law limits patient responsibilities for certain unavoidable out of network services, prohibits providers and hospital facilities from balance billing patients for these services, establishes price transparency & disclosure requirements for providers & health insurance carriers and mandates the creation of dispute resolution processes between patients, providers and insurers to address unanticipated medical bills.

TakeCare will work with our contracted/participating providers to provide guidance to ensure compliance under this law. Please, contact Jennifer Artero, TakeCare's Contracting Manager Jennifer.Artero@takecareasia.com to schedule a meeting to collaboratively discuss the impact of this new law on your respective practices.

Breast Cancer Article by Dr. Vincent Duenas, DO



Hafa Adai Providers,

First and foremost, I would like to take this opportunity to thank you for your continued service and commitment to our Take Care membership and the community of Guam throughout this entire pandemic. Covid-19 has directly and indirectly impacted our island and the world in many ways and sadly will continue to do so. The overconsumption of medical resources and the prioritization of the acutely ill has led to a marked decrease in elective

procedures and preventative care nationwide. As breast cancer awareness month quickly approaches, I kindly remind all of us to

continue recommended breast cancer screening practices as suggested in the guidelines.

Today breast cancer remains one of the most common cancers and leading causes of cancer death in the United States. The use of routine mammography, ultrasound, digital tomosynthesis 3D mammography, and other modalities is well known to result in early detection, prompt treatment, and favorable outcomes. The small steps we take today can have a tremendous effect on the well-being and safety of our people for tomorrow. Let's remain vigilant as we continue to navigate these uncharted waters. Prevention is key!

Vincent S. Duenas, D.O., Medical Director

Newly Credentialed Providers

TakeCare welcomes newly credential providers and facilities. For a complete list of TakeCare's Network visit our website at:

https://takecareasia.net/directories/provider_directory

March		
Andrew Blakely, FNP-BC	Family Medicine	IHP Medical Group
Paul Chun, DMD	General Dentist	FHP Dental Center
Eijean Wu, MD	Gynecologist/Gynecologic Oncology	GYN Oncology Specialists
April		
Maria Chela Mariano, MD	Family Medicine	Central Medical Clinic (new facility)
Sumer Ackley, NP	Family Medicine	Kagman Community Health Center and Tinian Isla Community Health
Beatriz Sunderland-White, DPT	Physical Therapy Subspecialty: Women's/Pelvic Health	S.O.A.R. Physical Therapy
Eric Bauman, DMD, MS	General Dentist Subspecialty: Comprehensive Dentistry	Guam Dental Arts
Carla Haddock, MSN, APRN, FNP-C, AGACNP-BC	Nephrology	Pacific Medical Group
Teresa Underwood, MD	OB/GYN	Center for Women's Health (new facility)
May		
Maria Teresa Aguon, LPC	Behavioral Health	IHP Medical Group
Sarah Bumps, MD	Diagnostic Radiology	MDX Imaging
June		
Casiana Reyes, RBT	Registered Behavior Technician	Hunterspeaks Organization
Reychelle Dacuycuy, PT	Physical Therapy	FHP Home Health Center
John Rosales, MD	Internal Medicine Subspecialty: Nephrology	Pacific Medical Group
July		
JoBeth Aquino, LPC	Behavioral Health	IHP Medical Group
Richard Mark Hester, CRNA	Anesthesiology	Guam Specialist Group
August		
Morgan Alexander, DPT	Physical Therapy	SOAR Physical Therapy
Dianna LE MSOP, CPO	Orthotics and Prosthetics	Agility Prosthetics and Orthotics
Dustin Macolor, DPT	Physical Therapy	NewGen Physical Therapy
	Dental	Guam Seventh-day Adventist Clinic
	Vision	Guam Seventh-day Adventist Clinic
	OB-GYN	Guam Seventh-day Adventist Clinic
	Primary Care	Guam Seventh-day Adventist Clinic
	Pediatrics	Guam Seventh-day Adventist Clinic
	Orthopedic Surgery	Guam Seventh-day Adventist Clinic
	Physical Therapy	Guam Seventh-day Adventist Clinic
September		
Denise Taitano-Ritter, MD	Family Medicine	American Medical Clinic
Laura Alvez, MD	Internal Medicine	Health Services of the Pacific

TakeCare's mission is to help improve members' health and well-being by offering comprehensive wellness programs and essential tools to

achieve individual health goals to support abilities for self-care. TakeCare Wellness Program is the only AAAHC accredited health education and wellness program in Guam.

For more information on TakeCare's Wellness Programs, visit:
<https://www.takecareasia.com/wellness-program/getting-started>