



MEDICARE CERTIFIED

## How do I get to your office!

The FHP Home Health Office is located at the Century Plaza in Tamuning on the 2nd floor next to FHP Vision center. See map for directions.

## FHP HOME HEALTH

Monday - Friday 8:00 am - 5:00 pm  
 Tel 646-5825 ext. 8472/8479/8470  
 Fax 649-8083

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 Email: [carmencita.atalig@fhphealth.com](mailto:carmencita.atalig@fhphealth.com)

### Home Health-Century Plaza, Tamuning



*Serving Guam since 1994.*

# Care in the comfort of your home.

Home Health Services · Hospice Service  
**Medicare Certified**



## The Hospice Team

- Patient
- Family
- Caregivers
- Doctors
- Nurses
- Home Health Aides
- Social Workers
- Support Groups/Volunteers

FHP's hospice team is not intended to take place of the family, but rather to support the family in caring for the patient and in mobilizing available resources.



**Home Health**  
 A TanHoldings Company

# Home Health Services

## How to start Home Care or Hospice Care

A referral must be obtained from a physician. The patient must be home bound to qualify for services. Our Home Health team will provide the services:

### ❖ Skilled Nursing

- Disease and Medication Management
- Wound Vac Therapy
- Foley Care and Management
- IV Therapy
- INR Monitoring
- Pain Management
- Wound Care Management

### ❖ Medical Social Work Services

Assistance and counseling for the patient and family on areas that impact health care. Navigates community resources including the *National Family Caregiver Support Program (NFCGSP)*.

### ❖ Occupational Therapy

Assessment and intervention to develop, recover, or maintain the meaningful activities, or occupations, of individuals, groups, or communities. An allied health profession performed by occupational therapists and occupational therapy assistants (OTA).



### ❖ Physical Therapy

Services include gait training, cardiac rehabilitation, transfer techniques, assessment or range of motion.

### ❖ Speech Therapy

The assessment and treatment of communication problems and speech disorders. It is performed by speech-language pathologists (SLPs), which are often referred to as speech therapists.

### ❖ Respiratory Therapy

A home health care respiratory therapist provides patient care for people suffering from chronic or acute respiratory illnesses. When providing care in a home setting, you offer services that improve a disease sufferer's quality of life through therapy, medications, and the use of specialized equipment.

### ❖ Home Health Aide (HHA)

Aids in personal care services, assistance with use of the bathroom, skin care and lotion application, performing range of motion exercises under the direction of a nurse or therapist.

### Services Covered

Medicare recipients have 100% coverage for Home Health Services. No co-pay is required. Patients who have other private insurance should consult with their carrier to determine coverage amounts and co-pays

## Hospice Care Services

**Let us work with you and the family to provide comfort physically, emotionally, and spiritually in your home.**

Hospice care involves the patient and family working together with the FHP team to promote comfort, manage pain and symptoms during times of terminal illness. The goal is to maximize the quality of life for the patient.

❖ Services provided by our Hospice programs are palliative and not curative.

❖ The program emphasizes the management of pain and physical symptoms as well as meeting the emotional, social and spiritual needs faced during terminal illness.

❖ The services of FHP Home Health and Hospice are delivered in the home by a team of Hospice professionals.

### ❖ Services include:

- Nursing
- Home Health Aides
- Bereavement Counseling
- Social Work Services
- Therapy services

The Hospice team is not intended to take the place of family, but rather to support family in caring for the patient and in mobilizing available resources. In order to qualify for Hospice services, a patient must have a terminal diagnosis and must not be seeking curative health care. Your hospice care team will make a visit to the home to meet with the patient and family to explain the program and answer any questions before the patient is ready to transition into hospice care.

### Admission Requirements:

- Referral from physician
- 6-month life expectancy

### Bereavement Program

The period right after the death of a loved one is a time of regrouping and sometimes relief. One should not feel guilty about the sense of relief. More active grieving and sadness may occur later. The members of our FHP Hospice team will be available to help you through this difficult time. Hospice is available to help family members and significant others to continue to live their everyday lives after the patient's death. Members of our FHP Hospice Team will continue to support you by telephone and mail. Several support groups are made available to the family through our Hospice.

