Your Care. Your Options.

Your TakeCare Preferred Pathway.

Your healthcare journey doesn't stop. TakeCare is here to help you find the right path.

Starting September 9, 2026, Guam Regional Medical City (GRMC) is no longer a participating contracted TakeCare provider.

But you still have options. TakeCare's Preferred Pathway is designed to help you access the care you need—whether it's available here on Guam or through our growing preferred network off-island.

Three options. One goal: Keep your care moving forward.

Your TakeCare team will help you determine the option that best fits your healthcare needs:

- **Go off-island with TakeCare support**
  Access approved healthcare services through our preferred network in the Philippines, South Korea, and Taiwan.
- **Stay on island**
  If the specialist or service you need is available on Guam, we'll help connect you with a trusted participating provider.
- **Continue care at GRMC, when you qualify**
  Certain members may qualify to continue ongoing care at GRMC under applicable conditions. Contact TakeCare first to understand your options and coverage.

Going off-island? TakeCare helps make the journey easier.

Whether the care you need is available on Guam or not, TakeCare can coordinate approved treatment and healthcare services off-island through our preferred network.

Depending on your coverage and eligibility, TakeCare can help coordinate:

- ***Round-trip airfare and travel arrangements***
- ***Lodging/accommodations***
- ***Ground transportation between the airport, lodging, and hospital or clinic***
- ***Airfare for an approved travel companion, when eligible***
- ***Dedicated hospital VIP concierge support to assist with paperwork, check-ins, hospital processes, and other arrangements***

Prefer to stay close to home?

TakeCare works with trusted partner specialists right here on Guam, including providers offering services such as cardiology, orthopedics, oncology, and physical therapy.

We'll help guide you to an available participating provider so you can receive your care closer to home.

Considering GRMC? Contact TakeCare first.

Emergency care at GRMC does not require prior authorization. In an emergency, seek immediate care and notify TakeCare within 48 hours or as soon as reasonably possible.

For non-emergency procedures and services, contact TakeCare before scheduling your care. Do not contact GRMC first. Our team can help you understand your coverage and the appropriate pathway under your TakeCare plan.

If you are currently receiving ongoing care or have an upcoming appointment at GRMC, contact TakeCare Customer Service to discuss your options, including whether you may qualify to continue care at GRMC.

We're here to help you every step of the way.

Questions about your Preferred Pathway options?

TakeCare Customer Service – Guam
(671) 647-3526 customerservice@takecareasia.com

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TakeCare ... Our Island, Your Health Plan.

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