

MEMBER

Notice of Privacy
Practices

Effective April 14, 2003; Revised February 06, 2026

**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION MAY BE
USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS
INFORMATION. PLEASE REVIEW IT CAREFULLY.**



A TanHoldings Company

MEMBER NOTICE OF PRIVACY PRACTICES

Effective April 14, 2003. Revised February 06, 2026

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

At TakeCare, the protection of our member's privacy and the confidentiality of health information has always been a top priority. We recognize that you depend on us to safeguard your personal health information and uphold your privacy rights. This document—which is based on applicable territorial and federal law, as well as our own company code of conduct—provides a declaration of our commitment to preserving member personal health information confidentiality and privacy.

******"TakeCare" refers to TakeCare Insurance Company, Inc. (TIC), TakeCare Insurance Broker's, Inc. (TIBI), and TakeCare Asia Pacific, Inc. (TCAP). This notice is applicable to all TakeCare related companies.

*******"State" is defined as Guam, the Commonwealth of the Northern Mariana Islands, the Republic of Palau or the Federated States of Micronesia

OUR PRIVACY PRACTICES

This notice describes TakeCare's privacy practices for our current and previous members. It explains how we use your personal health information and when we may share this information. It also informs you about your rights with respect to your personal health information and how you may exercise these rights. It is your right to receive a copy of this notice. We are required by law to maintain the privacy of your personal health information and to make a copy of this notice available to you to make you aware of how we maintain the privacy of your personal health information. We will inform you promptly if a breach occurs that may have compromised the privacy or security of your personal health information. You will be asked to sign an acknowledgment receipt of this notice. If you choose to not sign an acknowledgment receipt of this notice, it will be noted in your record and we will still continue to provide you with coverage and use and disclose your personal health information, when necessary for treatment, payment, and health care operations, as well as in accordance with this notice and as permitted under applicable territorial and/or federal laws.

TakeCare employees are required to comply with our policies and procedures to protect the confidentiality of personal health information. Any employee who violates our privacy policy is subject to disciplinary action. Employee access to health information is limited on a business "need-to-know" basis, such as but not limited to make benefit determinations, pay claims, manage and coordinate care, underwrite coverage, perform quality assessment measurements, supports risk management programs, administer a benefit or service or provide customer service.

TakeCare maintains physical, electronic and process safeguards that restrict

unauthorized access to your personal health information. Such safeguards include secured office facilities, locked file cabinets, and controlled computer network systems and password secured accounts. Please share this notice with everyone covered by your policy or contract. You have a right to receive a copy of this notice upon request at any time. If you would like additional copies of the notice, please let us know by calling the **TakeCare Customer Service Department at 671-647-3526** or **TakeCare's Customer Support Toll Free number at 1-877-757-6418** from Monday to Friday, 8 am to 5 pm. Should any of our privacy practices change, we reserve the right to change the terms of this notice and to make the new notice effective for all personal health information that we maintain. If we make a material change to our privacy practices, we will provide you with a revised notice by mail or electronically as permitted by applicable law. In all cases, we will post the revised notice on our website.

HEALTH CARE INFORMATION MAINTAINED BY TAKECARE

When we refer to "information" or "personal health information" in this notice, we mean any information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health and related health care services.

Personal health information may be transmitted or shared in any form or medium [oral, written, or electronic]. The personal health information we receive may vary by product. Therefore, the examples that follow may not apply to all members but are designed to show the general categories of personal health information that may be received and maintained by TakeCare.

- Information provided by you on applications, enrollment and coverage forms, surveys and our websites, such as your name, address and date of birth.
- Information from physicians, hospitals or other health care providers, clinics, medical groups or health care service plans.
- Information provided by your employer, benefits plan sponsor or association, regarding any group coverage that you may have.
- Information about your transactions and experiences with our affiliates, others, and us, such as: products or services purchased, account balances, payment history, claims history, policy coverage and premium.
- Information from consumer or medical reporting agencies or other third parties, including medical and demographic information.

HOW WE MAY USE OR DISCLOSE YOUR PERSONAL HEALTH INFORMATION

The following categories describe how we may use and disclose your personal health information. For each category, we will provide examples that help illustrate each type of use or disclosure. Not every use or disclosure in a category will be listed. However, the ways in which we are permitted to use and disclose health information will fall into one of these categories.

To You

To you or someone who has the legal right to act for you [your personal representative] in order to administer your rights as described in this notice.

For Treatment

We may share personal health information with your doctors, other health care providers, hospitals, other health plans, health care facilities, and health care vendors to help them provide health care and related services to you. For example, if you are hospitalized, we may allow the hospital staff access to any medical records sent to us by your doctor. We may also use or share your personal health information with others to help coordinate and manage your health care. For example, we may talk to your doctor to recommend a disease management or wellness program that can help improve your overall health. In the event of an emergency, we will use and disclose your personal health information to provide treatment to you as required.

For Payment

We may use or disclose your personal health information to obtain premiums, determine or fulfill responsibilities for coverage, to seek reimbursement for health care delivered to you, or when paying your health care bills submitted to us by doctors, other health care providers, hospitals, other health plans, health care facilities and health care vendors. Examples of payment activities include billing, claims management and other related administrative functions.

For Health Care Operations

We may use or disclose health information as necessary to operate and manage our business activities related to providing your health care services. Examples of health care operations include the following:

- Performing quality assessment and improvement and risk management activities;
- Evaluating provider and health plan performance;
- Performing underwriting determination and coverage;
- Conducting or arranging for medical review to determine medical necessity, level of care or approval of services;
- Performing auditing functions;
- Resolving internal grievances, or appeals, such as addressing problems or complaints about your access to care or satisfaction with services;
- Making benefit determinations, administering a benefit plan and providing member services; and
- Other uses specifically authorized by law.

We may also disclose your personal health information to other individuals or entities known as business associates—that help us conduct our health care operations. However, we will not disclose your personal health information with these business associates unless they agree in writing to protect the privacy of that information.

To Make Certain Communications to You

We may use or share your personal health information to inform you about alternative medical treatments and programs or about health-related products and services that may be of value to you. We may also inform you about enhancements, replacements or substitutions to your health plan coverage.

Reminders

We may use or disclose personal health information to send you reminders about your benefits or care, such as appointment reminders with providers who provide medical care to you.

Information Not Personally Identifiable

We may use or share your personal health information when it has been "de-identified." Health information is considered to be de-identified when it does not personally identify you.

We may also use a "limited data set" that does not contain any personal health information that can directly identify you. This limited data set may only be used for the purposes of research, public health matters or health care operations. For example, a limited data set may include your city, county and zip code, but not your name or street address.

To Your Employee Benefit Plan

Under certain circumstances, we may use or disclose limited personal health information about you with the employee benefit plan through which you receive health benefits. For example, we may share summary health information with the employee benefit plan so that they may obtain bids from other health plans or modify, amend, or terminate coverage with TakeCare. We may also share health information with the employee benefit plan related to your enrollment, dis-enrollment and/or participation in a TakeCare Health Plan. We will not share individually identifiable health information with your benefit plan unless they agree to maintain the privacy of your information.

SPECIAL CIRCUMSTANCES AND AS REQUIRED BY STATE AND FEDERAL LAWS

Special situations, along with certain state and federal laws, may require us to release your personal health information. We may use or disclose your personal health information for the following purposes under limited circumstances:

- To comply with state and federal laws that require us to release your Personal health information to others
- To report personal health information to state and federal agencies that regulate our business, such as the U.S. Department of Health and Human Services and your state's regulatory agencies.
- To assist with public health activities; for example, we may report health information to the Food and Drug Administration for the purpose of investigating or tracking a prescription drug or medical device malfunctions.

- To report health information to public health agencies if we believe there is a serious threat to your health and safety or that of the public or another person, which includes disaster relief efforts.
- To report certain activities to health oversight agencies; for example, we may report activities involving audits, inspections, licensure and peer review activities.
- To assist court or administrative agencies; for example, we may provide personal health information pursuant to a court order, search warrant or subpoena.
- To support law enforcement activities; for example, we may provide personal health information to law enforcement agents for the purpose of identifying or locating a fugitive, material witness or missing person.
- To correctional institutions or law enforcement officials if you are an inmate or under the custody of a law enforcement official.
- To report health information to a government authority regarding adult or child abuse, neglect or domestic violence.
- To share health information with a coroner or medical examiner as authorized by law (we may also share health information with funeral directors, as necessary to carry out their duties).
- To use or share personal health information for procurement, banking or transplantation of organs, eyes or tissues.
- To report personal health information regarding job-related injuries as required by your state workers' compensation laws.
- To share health information related to specialized government functions, such as military and veteran activities, national security and intelligence activities and protective services for the President and others.
- To researchers when their research has been approved by an institutional review board that has approved the research proposal and established protocols to ensure the privacy of your health information.
- To a family member, close friend or other individual under any of the following circumstances:

- (1) if you provide a verbal agreement to allow such a disclosure;
- (2) if you are given an opportunity to object to such a disclosure and you do not raise an objection; or
- (3) if you are incapacitated and it can be inferred from the circumstances based on FHP's professional judgment, that you would not object.

For example, if you are incapacitated, we may share health information about you with your child.

WRITTEN PERMISSION TO USE OR DISCLOSE YOUR INFORMATION

We will never share your information for marketing purposes or sale your information unless you give us written permission to do so.

For any other activity or purpose not listed above we must obtain your written permission known as an authorization prior to using or disclosing your personal health information. If you provide a written authorization and you decide to

change your mind, you may revoke your authorization in writing at any time. Once an authorization has been revoked, we will no longer use or disclose the personal health information as outlined in the authorization form; however, you should be aware that we may not be able to retract a use or disclosure that was previously made based on a valid authorization. Further, once you give us authorization to release your personal health information, we cannot guarantee that the person to whom the information is provided will not disclose the information.

NOTICE OF RIGHTS CONCERNING CONFIDENTIALITY OF SUBSTANCE USE DISORDER ("SUD") PATIENT RECORDS:

If you are the subject of records protected under the Confidentiality of Substance Use Disorder ("SUD") Patient Records regulations (42 CFR part 2), you have the right to receive adequate notice of the uses and disclosures of such records, and your rights, and the legal duties of the health plan and/or other health care providers, as covered entities, in relation to these records.

SUD treatment records, along with any testimony regarding their content, shall not be utilized or disclosed in civil, criminal, administrative, or legislative proceedings against the individual, unless (1) the individual consents in writing or (2) a court issues an order for the use or disclosure of the records, following the provision of notice to the individual and an opportunity for them to be heard. The court order that authorizes the use or disclosure must be accompanied by a subpoena or another legal mandate that necessitates disclosure prior to the use or disclosure of the requested record.

If the SUD records are to be utilized for fundraising by the covered entity that creates or keeps those records, you have the right to elect the intended use of those records for fundraising. You will first be presented with a clear and conspicuous opportunity to elect not to receive any fundraising communications.

ADDITIONAL RESTRICTIONS ON THE USE AND DISCLOSURE OF YOUR INFORMATION

Depending on where you reside, there may be additional laws related to the use and disclosure of sensitive health information about you. "Sensitive health information" may include information related to HIV status, sexually transmitted diseases, reproductive health information, genetic test results, alcohol and substance abuse, mental health and psychotherapy notes.

YOUR RIGHTS REGARDING YOUR HEALTH INFORMATION

The following are your rights with respect to your personal health information. If you would like to exercise the following rights, please call the **TakeCare Customer Service Department at 671-647-3526** or **TakeCare's Customer Support Toll Free number at 1-877-757-6418**.

You have the right to ask us to restrict how we use or disclose your personal health information for treatment, payment or health care operations.

You also have the right to ask us to restrict information that we have been asked to give to family members or to others who are involved in your health care or payment for your health care. Please note that while we will try to honor your requests, we are not required by law to agree to the type of restrictions described above.

You have the right to request confidential communications of personal health information. For example, if you believe that sending your personal health information to your current mailing address would put your safety at risk (e.g., in situations involving domestic disputes or violence), you may ask us to send the information by alternative means (e.g., such as by fax or to an alternate address). We will accommodate reasonable requests for confidential communication of your health information.

You have the right to inspect and obtain a copy of the information we maintain about you in a designated record set.

A designated record set refers to patient medical records and billing records. Patient medical records include records in any form or medium maintained by or in the custody or control of a health care provider relating to health history, diagnosis, or condition of a patient, or relating to treatment provided or proposed to be provided to the patient. Billing records include claims, account statements, and account summaries maintained by or for TakeCare. This right does not obligate us to grant you access to certain types of health information. Please note that under most circumstances we will not provide you with copies of the following information:

- Psychotherapy notes.
- Information compiled in reasonable anticipation of, or for use in, a civil or criminal administrative action or proceeding.
- Information subject to certain federal laws governing biological products and clinical laboratories.
- Medical information compiled and used for quality assurance or peer review purposes.

If you request a copy of your designated record set, a fee for the costs of copying, mailing or other associated supplies, including administrative labor, may be charged. Additionally, under certain circumstances we may deny your request to inspect or obtain a copy of your personal health information. If we deny your request, we will notify you in writing and may provide you the option to have the denial reviewed. If you would like to request access to review or copy your patient medical records please let us know by calling the **TakeCare Customer Service Department at 671-647-3526 or the toll free number, 1-877-757-6418** during regular business hours or contact the health care provider who created and/or maintains the record(s).

You have the right to ask us to make changes to the personal health information

and billing records that we maintain about you in your designated record set. These changes are referred to as amendments. We may require that your request be in writing and that you provide a reason for your request. If we make the amendment, we will notify you that it was made. If we deny your request to amend, we will notify you in writing of the reason for denial within 60 days. This written notification will explain your right to file a written statement of disagreement. In return, we have a right to rebut your statement. Furthermore, you have the right to request that your initial written request, our written denial and your statement of disagreement be included with your health information for any future disclosures.

You have the right to receive an accounting of certain disclosures of your personal health information made by us during the six years prior to your request.

We may require that your request for an accounting be in writing. Your first accounting is free. Subsequently, you are allowed one free accounting upon request every 12 months. If you request an additional accounting within 12 months of receiving your free accounting, we may charge you a fee. We will inform you in advance of the fee and provide you with an opportunity to withdraw or modify your request.

Please note that, under most circumstances, we are not required to provide you with an accounting of disclosures of the following information:

- Any information collected prior to April 14, 2003.
- Information shared for treatment, payment or health care operations.
- Information already disclosed to you.
- Information shared as part of an authorization request.
- Information that is incidental to a use or disclosure that is otherwise permitted.
- Information provided for use in a facility directory.
- Information that was provided to persons involved in your care or for other notification purposes.
- Information shared for national security or intelligence purposes.
- Information that was shared or used as part of a limited data set for research, public health or health care operation purposes.
- Information disclosed to correctional institutions, law enforcement officials or health oversight agencies.
- Other disclosures for which federal law does not require us to provide an accounting.

FILING A PRIVACY COMPLAINT

If you believe that your privacy rights have been violated, you may file a complaint with the TakeCare Customer Service Department at 671-647-3526 or TakeCare's Customer Support Toll Free number at 1-877-757-6418.

You may also direct your complaints with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to:

200 Independence Avenue, S.W.,
Washington, D.C. 20201,
calling **1-877-696-6775**, or
visiting [**www.hhs.gov/ocr/privacy/hipaa/complaints/**](http://www.hhs.gov/ocr/privacy/hipaa/complaints/)

FURTHER INFORMATION

If you have any questions about your privacy rights or how we use and disclose your health information, you may call **TakeCare's Customer Service Support Toll Free number at 1-877-757-6418** or the **TakeCare Customer Service Department at 671-647-3526**.

TakeCare Family of Companies includes, but is not limited to:

TakeCare Insurance Company, Inc.
TakeCare Insurance Broker's, Inc.
TakeCare Asia Pacific Inc.
FHP Medical Center
FHP Dental Center
FHP Cancer Center
FHP Imaging Center
FHP Vision Center
FHP Home Health and Hospice

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